







## **Non-Invasive Prenatal Screening (NIPS)**

## **INTRODUCTION:**



# **NIPS IN PRENATAL CARE:**

NIPS has been accepted as routine prenatal care owing to its high specificity, sensitivity and detection rate with minimum false positive rate.

### **RECOMMENDED FOR**



Advanced maternal age



Abnormal maternal serum screen results



with chromosomal abnormalities



In every pregnancy to rule out common chromosomal aneuploidies.

### NOT SUITABLE FOR



Multiple Gestations (more than 2 fetuses)/ Vanishing Twins<sup>[3]</sup>



Fetal Anomalies on Utrasound/Known Genetic Anomalies that cannot be diagnosed with NIPS<sup>[3]</sup>



Gestational age <9 weeks



If an expectant mother has recently (upto 3 months ago) received a blood transfusion, stem cell therapy, or organ transplantation.<sup>[3]</sup>

### **VALIDATED FOR**



Singleton/ Twin Pregnancy



IVF/Donor Egg or Surrogate



Gestational Age as early as 9 weeks



Fetal Fraction as low as 2% in singleton pregnancy and 4% in twin pregnancy.

# **About CHROME NIPS:**

Chrome NIPS uses Whole Genome Sequencing (WGS) technology on Illumina platform. It is supported by in-house customized bioinformatics pipeline to screen fetal chromosomal aneuploidies.



### NCGM offers below listed testing options for NIPS

### Turn Around Time (TAT):

#### After the receipt of the sample, NIPS results are expected within 5-7 working days\*.

\*The laboratory usually ensures timely dispatch of reports; however certain un-anticipated delays may occur for which the laboratory should not be held liable for. Delay in TAT/ requirement for the repeat sample will be informed within 7 working days after the sample receipt.

### Sample Details :

#### Sample Requirements:

 A 10 ml maternal blood sample in a cell-free DNA (cfDNA) collection tube (Streck tube).

### Sample Rejection Criterion:

- Sample not received in cfDNA tube
- Hemolyzed sample
- Inadequate blood sample

### Documents Required:

- Test requisition form (TRF) and Form G
- Ultrasound report
- Maternal serum screening report (If available)

### **Expected test outcomes:**

#### Low Risk

- Substantially decreases the risk of targeted aneuplodies
- Follow up ultrasound examinations recommended

#### **High Risk**

 Increased risk for the reported chromosomal abnormality
 Amniocentesis is strongly recommended to confirm the

findings.

#### No call results -Repeat Sampling (<1%)

 Laboratory could not generate the results with
 the provided sample and repeat sampling is required.
 Reasons could be low fetal fraction/High data noise

#### Invasive Testing Recommended

Even after repeat sampling, same issues persist for NIPS failure

## **Factors affecting NIPS results:**

### Low Fetal Fraction

- Early gestational age<sup>151</sup>
- Autoimmune disease<sup>151</sup>
  Heparin/Aspirin Administration/intake<sup>141</sup>

 Maternal BMI<sup>[5]</sup>
 Fetal Abnormality<sup>[5]</sup>
 IVF Pregnancy<sup>[5]</sup>
 Maternal exposure to medication/ drug<sup>[4]</sup>

### High Data Noise

- Hemolyzed sample
- Sample collection complications/Shipping issues
- Maternal Age
- Maternal SLE
- Maternal Hematological disorders (Inherited/ acquired)
- High gestational age

# **CHROME** highlights



#### **Test Limitations:**

- ▶ The NIPS CHROME FOCUS is validated for chromosomes 21,18,13, X and Y in singleton and twin gestations at gestational age of atleast 9 weeks.
- The NIPS CHROME FOCUS is not intended, neither validated for diagnosis nor for use in pregnancies with more than two fetuses, mosaicism, partial chromosomal aneuploidy, translocations or maternal aneuploidy.
- ► The NIPS CHROME FOCUS is a screening test and the positive predictive value is not 100%. Hence confirmation of high risk results is recommended by invasive testing.
- A LOW RISK test result reduces the risk of fetal aneuploidy but it does not ensure an unaffected fetus. It also does not negate the possibility that the fetus may be affected with sub-chromosomal abnormalities, gene defects and birth defects. Need for an invasive testing may arise later in pregnancy.
- False positive and false negative results are known. Factors affecting test accurancy include confined placental mosaicism, maternal neoplasms and low fetal fraction.
- The lower limit of detection for singleton pregnancies is at fetal fraction of 2%. The lower limit of detection for twin pregnancies is at fetal fraction of 4%

The CHROME - NIPS is a CAP (College of American Pathologists) accredited test.

DISCLAIMER! : NIPS is a screening test, a low risk does not exclude the above evaluated disorders.

#### **References:**

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## FOR MORE DETAILS, CONTACT US AT

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